

## Sometimes Life Seems Unfair

### Begin tapping on the Karate Chop Point:

Even though it seems that sometimes things are not going the way I want, and I don't understand why, I love accept and forgive myself

Even though everything around me can sometimes seem like its out of control, Its nothing like I have imagined, nothing appears to be working out the way I want, and I have been tapping and doing EFT, I deeply and completely love accept and forgive myself

Even though I cannot possibly imagine what else i need to do, I see life happening for others, its just so unfair, when is it all going to work out for me, I do EFT, I do all this attracting stuff, but nothing seems to be working in my favor, its just not fair, but I choose now in this moment to forgive myself, as I deeply and completely love and accept the whole of me.

### Sequence:

Eye Brow Point	Nothing seems to be working for me
Side of the Eye	I am doing EFT so why is it not working
Under the Eye	I am releasing all my anxiety and fears
Under the Nose	What more can I do
Chin	I just don't understand what I am doing wrong
Collar Bone	Everything is not going to plan
Under Arm	Nothing seem to be working out for me
Top of the Head	I am so angry that nothing works for me


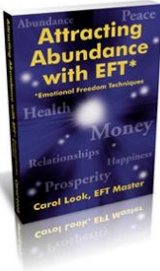

Eye Brow Point	Its like I have no control over my life
Side of the Eye	I just seems to happen by itself
Under the Eye	Why can others get what they want
Under the Nose	Why do I always seem to be left out
Chin	It's just not fair, where is my stuff
Collar Bone	I play this game, I do the tapping
Under Arm	So why is nothing working out for me
Top of the Head	I am so annoyed at the moment

Eye Brow Point	Visualize what you want an you can attract it
Side of the Eye	Its your fault you don't have what you want
Under the Eye	not its not
Under the Nose	yes it is
Chin	I have been doing that already
Collar Bone	so don't tell me its all my fault
Under Arm	don't tell me I need to change my vibrations
Top of the Head	I have been doing that already

Eye Brow Point	I am so over all of this
Side of the Eye	what do I need to do to get what I want
Under the Eye	just show me and I will do it
Under the Nose	its not fair when I see others get what they want
Chin	I am so afraid I might never get what I want
Collar Bone	I am afraid that I will loose more then I have
Under Arm	What if my finances get worse
Top of the Head	What if everything around me gets worse then what it is

Eye Brow Point	I am afraid that things might get worse
Side of the Eye	I don't know what else to do
Under the Eye	I don't know how to change everything
Under the Nose	life seems so unfair
Chin	What else can go wrong
Collar Bone	It seems I have no control over anything
Under Arm	I cant see how I attracted any of this
Top of the Head	I would not have wanted to attract any of this

Eye Brow Point	There is nothing I can do to change the past
Side of the Eye	but I can change my future
Under the Eye	I choose not to give up
Under the Nose	Even though everything seems out of my control
Chin	I choose now to change my vibrations
Collar Bone	I choose to change my thoughts
Under Arm	I choose to accept abundance in my life
Top of the Head	I am worthy of great abundance in my life
Eye Brow Point	I am just as worthy as the next person
Side of the Eye	I can change my tomorrow by changing my now
Under the Eye	And right now I choose abundance
Under the Nose	Abundance for myself and others
Chin	It's time to release all these negative stresses and anxiety
Collar Bone	I choose to raise my vibrations
Under Arm	I choose to accept an abundance of wealth, love, joy and happiness
Top of the Head	I choose to accept great abundance for myself, and for the greater good of all concerned

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